



Indiana Football Coaches Association

Head Coaches Manual

**Bob Gaddis
Executive Director**

Revised February 2023

Mission Statement

The IFCA strives to promote, protect, and improve high school football in Indiana through a vigorous professional coaches organization. The IFCA serves as an educational medium for the coaches through the partnership with the Indiana High School Athletic Association (IHSAA), principals, athletic directors, officiating associations, and other related groups working for the advancement of high school football in Indiana. The IFCA encourages ethical conduct, mutual understanding, cooperation and assistance between members of the association and other individuals or groups directly or indirectly involved in the promotion of Indiana high school football. The IFCA promotes good fellowship and social contacts amongst coaches and makes special resource materials, publications, newsletters, conferences and professional development opportunities available to members in order to improve the talents and skills of the coaches.

Message from the Executive Director

Coaches,

The Indiana Football Coaches is respected as one of the best coaching associations in the state of Indiana and the USA! We have this respect because of our active members willing to work together, share ideas, and promote integrity in our sport. Our strength is membership; active, retired, high school, middle school, college, Head, and assistant coaches are all valued and active members of the IFCA. I want to encourage you to take advantage of the opportunity to join our association and get involved! Our sport and the student/athletes involved will be the ones that benefit! Coaching is an honorable profession, and I hope you help us insure the integrity and future of High School Football!

Benefits of IFCA Membership

<https://ifca.net/download/Benefits-of-Membership1-23.pdf>

Indiana Football

Coaches Association

\$2,000, 000 Insurance coverage per member

Membership in progressive, professional organization with equal voting rights regardless of level of coaching position

Representation to national groups: AFCA, NOCAD, NHSACA, NHSFBA

IFCA Clinic Registration included in membership dues

IFCA has a meaningful and collaborative relationship with the IHSAA

Members may nominate student/athletes for: All-State, All-Star, Academic All-State & Good Works Team Recognition

IFCA has a seat on the DOE Concussion & Health/Safety Committee

Members vote for the Mr. Football Award

Opportunities to earn PGP points throughout the year

Members may attend region meetings and Board of Director meetings

Members may nominate student/athletes for the Colt's All-Academic All-Star Team

Admission into the Annual North/South All-Star Game

Members receive weekly News & Notes from Executive Board

Members have the ability to serve on association board positions.

IFCA has a meaningful and collaborative relationship with the IFOA

The Indiana Football Coaches Association is respected as one of the best coaching associations in the state of Indiana and in the USA! We have this respect because of our active members willing to work together, share ideas, and promote integrity in our sport. Our strength is membership, active, retired, high school, middle school, college, Head Coaches and Assistant Coaches are all valued and active members of the IFCA. I want to encourage you to take advantage of the opportunity to join our association and get involved! Our sport and the student/athletes involved will be the ones that benefit! Coaching is an honorable profession, and I hope you help us insure the integrity and future of High School Football!

Yours in Football,

Bob Gaddis

IFCA Executive Director

Columbus East High School

Objectives of the IFCA

- I. To promote, protect, and improve the high school football in Indiana through a vigorous, professional coaches organization.
- II. To serve as an educational medium for its members through the Association's involvement with the Indiana High School Athletic Association (IHSAA), Principals, Athletic Directors, officiating organizations, and other related organizations for the betterment of Indiana high school football.
- III. To encourage ethical conduct, mutual understanding, cooperation, and assistance between member of the IFCA and other individuals and organization directly and indirectly involved in the promotion of Indiana high school football.
- IV. To promote good fellowship and social contacts among coaches.
- V. To make special resources available to its members, publications, newsletters, conferences, and coaching clinics in order to improve the talents and skills of its coaches.

Region Organization

REGION 1

Andrean
Boone Grove
Bowmany Academy
Calumet
Chesterton
Crown Point
East Chicago Central
Gary Roosevelt Academy
Gary West
Griffith
Hammond Bishop Noll
Hammond Clark
Hammond Gavit
Hammond High
Hammond Morton
Hanover Central
Highland
Hobart
Kankakee Valley
Lake Central
Lake Station Edison
LaPorte
Lowell
Merrilville
Michigan City
Munster
Portage
River Forest
South Central (Union Mills)
Valparaiso
Wheeler
Whiting

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REGION 2

Bremen
Concord
Culver Academies
Culver Community
Elkhart Central
Elkhart Memorial
Fairfield
Goshen
Jimtown
John Glenn
Knox
LaVille
Mishawaka
Mishawaka Marian
New Prairie
Northridge
NorthWood
Penn
Plymouth
South Bend Adams
South Bend Clay
South Bend Riley
South Bend St. Joseph's
South Bend Washington
Tippecanoe Valley
Triton
Warsaw
Wawasee

28

REGION 3

Adams Central
Angola
Bellmont
Bluffton
Carroll (Fort Wayne)
Central Noble
Churubusco
Columbia City
DeKalb
East Noble
Eastside
Fort Wayne Bishop Dwenger
Fort Wayne Bishop Luers
Fort Wayne Lutheran
Fort Wayne North Side
Fort Wayne Northrop
Fort Wayne Snider
Fort Wayne South Side
Fort Wayne Wayne
Fremont
Garrett
Heritage
Homestead
Lakeland
Leo
New Haven
Norwell
Prairie Heights
South Adams
Southern Wells
West Noble
Woodlan

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REGION 4

Attica
Benton Central
Carroll (Flora)
Caston
Clinton Central
Clinton Prairie
Covington
Delphi
Fountain Central
Frankfort
Frontier
Harrison (West Lafayette)
Lafayette Central Catholic
Lafayette Jefferson
Lewis Cass
Logansport
McCutcheon
North Judson
North Newton
North White
Pioneer
Rensselaer Central
Rochester
Seeger
South Newton
Tri County
Twin Lakes
West Central
West Lafayette
Winamac

REGION 5

Alexandria
Anderson High
Anderson Preparatory
Blackford
Delta
Eastbrook
Eastern (Greentown)
Elwood
Frankton
Hamilton Heights
Huntington North
Jay County
Kokomo
Maconaquah
Madison-Grant
Manchester
Marion
Mississinewa
Monroe Central
North Miami
Northfield
Northwestern
Oak Hill
Peru
Southwood
Taylor
Tipton
Tri Central
Wabash
Wes-Del
Western
Whitko
Winchester
Yorktown

REGION 6

Avon
Brownsburg
Cascade
Cloverdale
Crawfordsville
Danville
Eastern Greene
Edgewood
Greencastle
Lebanon
Linton-Stockton
Martinsville
Monrovia
Mooresville
North Central (Farmersburg)
North Montgomery
North Putnam
North Vermillion
Northview
Owen Valley
Plainfield
Riverton Parke
Rockville
South Putnam
South Vermillion
Southmont
Sullivan
Terre Haute North
Traders Pt Christian--2018
Terre Haute South
Tri West Hendricks
Turkey Run
West Vigo
Western Boone
Zionsville

REGION 7

Beech Grove
Ben Davis
Brebeuf Jesuit Preparatory
Covenant Christian
Decatur Central
Franklin Central
Heritage Christian
Indiana School for the Deaf
Indianapolis Arsenal Technical
Indianapolis Bishop Chatard
Indianapolis Broad Ripple HS for
Performing Arts
Indianapolis Cardinal Ritter
Indianapolis Cathedral
Indianapolis Emmerich Manual
Indianapolis George Washington
Indianapolis Howe Community
Indianapolis Lutheran
Indianapolis Marshall
Indianapolis Northwest
Indianapolis Scecina Memorial
Indianapolis Shortridge
Lawrence Central
Lawrence North
North Central (Indianapolis)
Park Tudor School
Perry Meridian
Pike
Roncalli
Southport
Speedway
Tindley Accelerated
Trader's Point Christian
Triton Central
Warren Central

REGION 8

Cambridge City
Carmel
Center Grove
Centerville
Connersville
Eastern Hancock
Fishers
Franklin
Greenfield Central
Greenwood
Guerin Catholic
Hagerstown
Hamilton Southeastern
Knightstown
Lapel
Monroe Central
Mt. Vernon (Fortville)
New Castle
New Palestine
Noblesville
Northeastern
Pendleton Heights
Richmond
Shelbyville
Shenandoah
Sheridan
Tri
Union City
Union County
Westfield
Whiteland

REGION 9

Boonville
Castle
Evansville Bosse
Evansville Central
Evansville Harrison
Evansville Mater Dei
Evansville North
Evansville Reitz
Evansville Reitz Memorial
Forest Park
Gibson Southern
Heritage Hills
Jasper
Mt. Vernon (Posey)
North Daviess
North Knox
North Posey
Perry Central
Pike Central
Princeton
South Spencer
Southridge
Springs Valley
Tecumseh
Tell City
Vincennes Lincoln
Washington
Wood Memorial

REGION 10

Batesville
Bedford North Lawrence
Bloomington North
Bloomington South
Brown County
Brownstown Central
Charlestown
Clarksville--Not a Member
Columbus East
Columbus North
Corydon Central
Crawford County
East Central
Eastern (Pekin)
Edinburg
Floyd Central
Franklin County
Greensburg
Indian Creek
Jeffersonville
Jennings County
Lawrenceburg
Madison
Milan
Mitchell
New Albany
North Decatur
North Harrison
Oldenburg Academy
Paoli
Providence
Rock Creek Academy--2018
Rushville
Salem
Seymour
Silver Creek



Paul Neidig
Commissioner

pneidig@ihsaa.org



Robert Faulkens
Assistant Commissioner

Sports
Boys: Baseball, Football, Wrestling
Co-Ed: Unified Flag Football

rfaulkens@ihsaa.org

IFCA Executive Board

2022-2023

Executive Director

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2nd Vice President

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Ethics Chairman

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IHSAA Summer Rules

15-3.1 During Summer

- I. Whether Summer athletic activities are sponsored by a member School or a non-school organization, students may participate so long as participation is voluntary.
- II. If a member School sponsors athletic activities for its student athletes at the School during the summer, such athletic activities may only be conducted in an Open Facility program, except for summer athletic competitions, which may be conducted outside of an Open Facility program.
- III. See definition of summer for beginning and ending times. The foregoing notwithstanding, Summer Conditioning Program may extend through Saturday of Week 4.

15-3.3

- I. Football A School, and players from the School's football program, may participate in Football Activities (participation in any football related activities while wearing helmets or shoulder pads) under the following standards:
 - A. Students may not participate in any Full Contact Football Activities (any intentional football activity by a player where the goal is to take One (1) or more competing players to the ground as the result of a collision) during the summer.
 - B. Schools may sponsor up to Twelve (12) Football Activity Days (a day when a school's football coaching staff coaches Two (2) or more players from the school's football team engaged in Football Activities) during the summer.
 - C. A School's Football Activity Days may include up to Five (5) Football Competition Days (a day when a School's football coaching staff takes Two (2) or more players from a School's football team to either Practice with or compete against One (1) or more players from another School or program). The maximum time for a School's Football Activity Day held at a member-School facility will be Three and one-half (3 1/2) hours of activity over a five (5) hour period.

- D. A student's football equipment during Summer Football Activities is limited to a helmet, shoes, shoulder pads, a girdle and a mouthpiece.
- E. A student may engage in no more than One (1) session of Football Activities during a Football Activity Day and the maximum time of the session is two (2) hours.
- F. Prior to the first day of summer, a School's football coaching staff must designate to the School's athletic director or the principal the specific Football Activity Days and the Football Competition Days in which the football program plans to participate.

Levels of Contact

- | | | |
|----|------------------|--|
| 1. | Walk Thru | Walking pace, run the play, get your read and lane fit |
| 2. | Air | Full speed drills on air |
| 3. | Pads | Full speed drills vs. hand shields or other pads |
| 4. | Control | Full speed, one side of the ball is the predetermined winner, both sides stay off the lower body and stay off the ground |
| 5. | Tag Off | Full speed, defense tags off and avoids contact with the ball carrier and the ball carrier finishes the play |
| 6. | Thud | Full speed, defense stops the ball carrier without going to the ground, defense and offense will stay off the lower body |
| 7. | Live | Full go to the ground/whistle |

Moratorium

15-3.4

- I. **Moratorium:** Each member School shall observe a moratorium week starting on Monday of the week which includes July 4th, either IHSAA calendar Week 52 or Week 1. During this Seven (7) day period, there shall be no contact between athletes and coaches, and no athletic activities, including conditioning conducted.

IHSAA Pre Season Rules

54-4

- I. All organized football Practices by players or teams shall be limited to the period beginning Monday of IHSAA calendar week 5 and terminating on the date the team is eliminated from the Football Tournament Series.
 - A. On the first (1st) day of football Practice there cannot be full contact (any intentional football activity by a player where the goal is to take one or more competing players to the ground as the result of a collision), and the player's protective equipment is limited to helmet, shoes, girdle and mouthpiece. The total time on the field cannot exceed Two and one-half (2½) hours.
 - B. On the second (2nd) and third (3rd) days of football Practice, there cannot be full contact and the player's protective equipment is limited to helmet, shoulder pads, shoes, girdle and mouthpiece. If multiple Practice sessions are held on a single day, the total time on the field cannot exceed Three (3) hours, but if there is only One (1) Practice session, the total time on the field cannot exceed two and one-half (2½) hours.
 - C. On the fourth (4th) day of football Practice, and later, there can be full contact and players can have full pads. If multiple Practices are held on a single day the total time cannot exceed Five (5) hours, but if there is only one (1) Practice session, the total time on the field cannot exceed Three (3) hours.
 - D. Beginning Monday of IHSAA calendar week 5:
 - (1) There can be no more than Two (2) Practice-sessions per day.
 - (2) There cannot be back-to-back calendar days having two (2) practice sessions on a single day.
 - (3) After the third (3rd) day of Practice, if there are two (2) practice-sessions on a single days.
 - a. There can be only One (1) full contact/full padded Practice session.
 - b. The break between Practices must be at least Three (3) hours in duration and during the break there cannot be player physical exertion.
 - c. During the break a classroom instruction session, not to exceed Forty-five (45) minutes, is permitted.

- d. During the break an indoor walkthrough session in a climate-controlled environment, not to exceed Forty-five (45) minutes, is permitted.
- (4) On One (1) practice session days an outdoor walkthrough session with no protective equipment worn, not to exceed a forty-five (45) minutes, is permitted provided the walkthrough session ends at least Three (3) hours before the Practice begins, or starts no sooner than Three (3) hours after the Practice ended.

IHSAA In Season Rules

e. After Friday of week 7, a football team and a football player may participate in a maximum of Two (2) Practices per IHSAA Corresponding Week which involves contact equal to the 'Thud' level (drill is run at competitive speed through the moment of contact; no predetermined "winner"; contact remains above the waist; players stay on their feet; a quick whistle ends the drill) or the 'Live' level (drill is run in game-like conditions and is the only time that players are taken to the ground), while wearing full protective equipment. In season, teams can participate in a maximum of two full contact practices per week. Full protective equipment may only be worn on the full contact days - twice per game week.

54-5

- I. All member School pre-season football Practices held prior to the first authorized Contest date shall be held on the regular Practice/play football facility under the direct supervision of the member Schools coach/es.

54-6

- I. A School may schedule one football Controlled Scrimmage with another IHSAA member School. A football Controlled Scrimmage between IHSAA member Schools shall be permitted on Friday or Saturday, Week 6.
- II. A football Controlled Scrimmage does not count as a Practice or as an interschool Contest. A football Controlled Scrimmage may not be scouted by anyone not affiliated with a team participating in the football controlled Scrimmage.

54-7

- I. A School may schedule one football Jamboree between three (3) or more IHSAA member Schools. A football Jamboree does not count as a Practice, but does count as an interschool Contest.
 - A. Only students who have full athletic eligibility may participate in a football Jamboree.
 - B. A football Jamboree may not be scouted by anyone not affiliated with a team participating in the football Jamboree.

54-8

- I. During a school year a School may participate in either a) a football controlled Scrimmage between two (2) member Schools or b) two (2) quarters in one Varsity football Jamboree.

54-9

- I. The last date for ninth grade and reserve football is Thursday, Week 16.

Football Mercy Rule

Rules and Procedures

1. Beginning with the second half of any high school football game, when the point differential between teams is at or reaches 35 points, the game clock shall convert to a running clock. A running clock is defined as a clock that does not stop during play with the exception of timeouts, scores and/or injuries.
2. Once the running clock is implemented, the clock may not revert back to standard timing protocols regardless of the score of the contest.
3. The 40 second play clock shall remain in effect throughout the contest.
4. Coaches do not have the ability to override the implementation of the Mercy Rule during a contest. The Referee shall notify the head coach of each school when the Mercy Rule goes into effect. The home team is responsible for notifying timing personnel of the running clock.

Film Exchange Protocols

<https://ifca.net/download/IFCA-Filming-Standards-22.pdf>

INDIANA FOOTBALL COACHES ASSOCIATION Minimum Standards & Expectations of Film Exchange

Minimum Standards

- The head coach is expected to provide a quality & usable film to the opponent
- Trade a minimum of two games (opponent coach's choice), should be a press box view
- Trade a roster and starting lineup no later than 9:00 am the day after your game
- If you know you are sending a sub-par film, communicate this information with your opposing coach. If you receive or trade a sub-par film, it is considered acceptable to reach out to the other team's coach and ask for their copy of the game
- Golden Rule of Film Exchange: Trade the quality of film you would expect in return

Filming Guidelines

- Make best effort to include all 22 players in initial shot
- Moderately zoom in after the showing all 22 players
- You must be able to read jersey numbers and identify formations & alignments
- Begin filming before the snap of the ball
- Do not turn off camera too early, show players getting up from the pile
- When filming special teams, do not follow the flight of the ball
- Extreme wide shot is acceptable when filming special teams, moderately zoom in after the ball is kicked
- Show the scoreboard after each score, end of each quarter and at end of the game
- Film referee's signal after a penalty
- If a fight occurs, film all of the action

Best Practices (to consider)

- Establish a central location (Google Drive) for all conference teams to share rosters/depth charts
- Trade HUDL film with ODK and Down and Distance completed
- Establish a conference HUDL pool for ease of access to all conference team's film
- Coaches can mutually agree to share end-zone film

Filming Tutorials

- <https://www.youtube.com/watch?v=jG0G9wRSMQE> - "Run game"
- https://www.youtube.com/watch?v=fTJAxe_fPck - "Pass game"
- <https://www.youtube.com/watch?v=ZSTdYrHrTQQ> - "Special Teams"

Non-School Sponsored Participation

15-1.2

- I. Team Sports (Baseball, Basketball, Football, Soccer, Softball and Volleyball)
 - A. Participation by a student in any organized non-school sports competition during the authorized contest season, or at any time prior to the conclusion of the student's participation in the IHSAA the IHSAA Tournament Series, in that sport shall cause such students to become ineligible for their school team in that sport for a period not to exceed three hundred sixty-five (365) days as Determined by the Commissioner.
 - B. Student-athletes may receive a Lesson so long as:
 1. It is not mandated, scheduled or paid for by the school.
 2. No School Practices or competitions are missed.
 3. No member of the School's coaching staff who provides a lesson is compensated for the lesson beyond the compensation the coach earns from the School.
 4. Participation of students in an organized athletic Competition with or against athletes not belonging to their School constitutes a game.
 - a. An organized "scrimmage" or Practice with or against athletes not belonging to their School is considered a game.
 - C. Students who participate in an interschool Contest when ineligible other than in scholarship, too many events or similar oversights, become ineligible only in that sport for a time period not to exceed three-hundred sixty-five (365) days to be determined by the Commissioner or his designee.
 1. When facts are purposely withheld or misrepresented, students become ineligible in all sports for the remainder of the semester and all of their next semester in school unless the school takes appropriate action as determined by the Commissioner.
 - D. Coaches of grades 9-12 may not coach organized non-school sports competition during the Authorized Contest Season in that sport in grades 9-12.
 - E. Students may not participate in try-outs or demonstrations of

- athletic ability as a prospective college student-athlete.
- F. Students may not participate in athletic activities, tryouts, auditions, practices and games held or sponsored by non-professional athletic organizations, clubs, or their representatives during the contest season.
 - G. An ineligible student may Practice with the team, but only at home in regular practices.
 - H. The ineligible student may not appear in an athletic uniform at an interschool contest.

Off Season Rules

The IHSA has implemented limited contact rules for the off season in all sports. There are two such periods that football coaches are allowed to work with their players on specific football fundamentals. The first window for football starts Dec. 9, 2019 and runs through February 8, 2020. The second period runs from April 6 to May 16.

Limited Contact Rules:

You can practice for up to 2 hours 2 days a week with footballs and other practice equipment involved. You CANNOT split this time and bring linemen in for two hours two times a week and skill players in on two different days. The time and day allotment is for your entire program.

Football and practice equipment may be used. No protective equipment may be used.

The specific wording for the By-Law is below.

Limited Contact Program: During the School Year Out-of-Season, a program of School sponsored athletic activities in which a student, who participates in Team Sports, may have contact with a coach, provided it occurs in a School's gymnasium, playing field or other School facility, open for athletic participation, on a voluntary basis, to (i) all students who attend the School, and (ii) all students who attend a Feeder School of the School sponsoring the program.

15-2.5 Limited Contact Program During the School Year Out-of-Season a student who participates in Team Sports may participate in a Limited Contact Program; a Limited Contact Program is a program in which the use of the School's gymnasium, playing field or other school facilities is open only to students who attends the School, or a Feeder School of the School sponsoring the program, is open to all such students and participation is on a voluntary basis. Rule 15 - Participation 56 a. Limited Contact Program sessions for Team Sports may be conducted a maximum of Two (2) times per week for a maximum of Two (2) hours per session. b. At a Limited Contact

Program session, a School Team Sports coach may supervise the programs, communicate with students, offer instruction and work directly with all out-of season athletes, may use all equipment related to the sports, i.e. balls, goals, nets, etc., provided that: (1.) the program must be open to all students of the member School; (2.) attendance and participation must be voluntary and not required by the member School coach for membership on a particular sports team, and (3.) participation in a Limited Contact Program session by a student in Team Sports is limited to the following periods of time; Limited Contact Program Start Date End Date Fall Season Monday of Week 9 Saturday of Week 15 Winter Season Monday of Week 23 Saturday of Week 31 Spring Season Monday of Week 40 Saturday of Week 45 c. Exception: Students in Team Sports who participate in a Limited Contact Program which immediately precedes that Team Sports' season may continue to participate in the Limited Contact Program until that Team Sports' first official practice date, i.e. a girls basketball player participating in the Fall Season Limited Contact Program may continue participation in the Limited Contact Program until the first official practice day for girls basketball.

IFCA CLINIC

The IFCA Clinic is an annual educational opportunity provided by the Association to its paid members. The clinic is included in the membership costs and provides an opportunity for coaches to grow personally and professionally. Through the clinic, the IFCA has provided opportunities for its members to hear from member of the Indianapolis Colts coaching staff, top college coaches from around the Midwest, and some of the top high school coaches in the State of Indiana. The clinic is an annual event scheduled to take place in March at the Sheraton at Keystone at the Crossing over the next several years. The IFCA State Clinic is Co-Chaired by Bob Prescott, Peru High School, and Rick Wimmer, Fishes High School.

IFCA Camp Insurance

Loomis and LaPann is the insurance administrator of our coaches association. If you are having a camp this year and have not contacted them, please remember them for your camp insurance needs if you need them. Please use the below link

http://email.instantbusinessresources.com/wf/click?upn=uk1nOy6jO32Jc9pnqU1tG5w-2F-2FhSslmW5CJWBmjTY4yvRRReQZeBvulMLs6DD8GgGZZJzow7bjik1-2BJIs27SxeHOPIMsChHei0XeoCV0AmqZc-3D_zkiL6ill8ZI-2FPgzVfdGQFHzbGbpNIPpB.JwOq1yIBW4wkyz0zhr6hhgXBbAsxDNfB-2FlqAkycjbWHtRP-2F_Zg0z2mZmFWgKAN-2F-2BHPckKhfo1-2BO6Duw4tSUBngR8b-2F1dnMK5jskfHJDnkQg5tVa52grtuFvZmL7M6YuYTSaQrWKlylbg-2BH1uZB4Qx1xHvzDIDUU9H1Wf-2B6Xzd-2B3lwbwOI7MsZgTqDGn6VsmdcHDWmFRaLTdC4O4ah4BTxslmhyCKIsD4EX6kcWTBKnH8td1wulHiLBbl-2BjT5tDHMYQIMC6R2Sot0zjjkz52n8-2B5UXY0qeV9AFlyzRIA4XoycjY3lpYSq-2F2Enll7mMVRF-2Fp-2Fa70dbs6MqONW0vzsVoBTrFlbvkiDD9tj

Certifications

Every high school football coach in the state of Indiana must complete the requirements of the State Educational Agency (SEA 222) effective July 1st, 2014. The course provides a two-year certification for Indiana High School Football Coaches. This certification also meets the requirements of the IHSAA.

State Course Coaching Requirements - to be completed every two years.

The list of courses you need to complete are the following:

Concussion in Sport

Sudden Cardiac Arrest

Heat Illness

Child Abuse

Mental Health and Suicide

The new football course

A link to the new class is below:

https://nfhslearn.com/courses/football-tackling?utm_source=delivra&utm_medium=email&utm_campaign=NFHS%20Learning%20Center%20-%20Administrators%20-%204.7.22&utm_id=3587546&utm_term=Click+here+to+learn+more&dlv-emuid=41c8d335-2d33-4636-a24a-8c31c4535534&dlv-mlid=3587546

Cost:

All of these courses are currently free of charge

All State Selection Process

Go to the website: <http://ifca.net> and complete the process for All State selection. The website will automatically submit your nomination to the proper sectional representative for consideration.

Academic All State Selection Process

Go to the website: <http://ifca.net> and complete the process for Academic All State selection. The website will automatically submit your nomination to the proper representative for consideration.

Colts All State Selection Process

Go to the website: <http://ifca.net> and complete the process for the Colts All State Academic Team. The website will automatically submit your nomination to the proper representative for consideration.

All Star Selection Process

Go to the website: <http://ifca.net> and complete the process for All Star selection. The website will automatically submit your nomination to the proper representative for consideration.

For Region Directors:

- Go to IFCA.net
- Click Login bottom of page
- Enter:
 - Username: regiondirector
 - Password: AllStarVoting2019
- Will take you directly to an All Star Nominations Table which can be sorted by Region, Position, etc. Table will update every time a player is entered anywhere in the state.

All-Star Nomination points of interest / protocol:

- 1. A school may nominate three (3) players at four (4) positions at the Region level.**
- 2. A player may be nominated at two (2), three (3) or four (4) positions. Each time a player is nominated, it will count towards the maximum number of nominations allowed for the school.**
- 3. In order to be nominated, a player must be listed on the nomination form as having played the position that is being filled. A player may be listed on the nomination form as having played two (2) offensive (or defensive) positions if he has played those positions during the year.**
- 4. A school may not have more than three (3) nominees selected at the Region meeting.**
- 5. Each Region will select thirty (30) players (or possibly less) for their Region team. There will be fifteen (15) players selected on offense & fifteen (15) players on defense. The placekicker will be a member of the offense & the punter will be a member of the defense.**

15 OFFENSIVE POSITIONS

**1 Center 2 Wide Receivers 1 Placekicker 4 Guards & Tackles 1 Quarterback
1 Tight End 3 Running Backs 2 At Large**

15 DEFENSIVE POSITIONS

**2 Defensive Ends 2 Outside Linebackers / Strong Safety 2 Defensive Tackles
2 Cornerbacks 1 Punter 2 Inside Linebackers 2 Free Safeties 2 At Large**

- 6. If a Region does not fill all thirty (30) positions after nominations are closed & all of the votes are counted at the Region meeting, the Region will have open spots on the Region team. Under no circumstances, will coaches be allowed to go back & nominate players & add them to the Region team.**
- 7. After the thirty (30) members of each Region have been selected, each Region should make sure all six (6) classes have representation. If there is a void in a class, the voting membership shall select the next best player, regardless of position, to represent that specific class on the Region team. If there is no nomination for the specific class, the position will remain unfilled.**

Etchison Scholarship Selection Process

Go to the website: <http://ifca.net> and complete the process for the Hub Etchison Scholarship.
The website will automatically submit your nomination to the Chariman of the scholarship committee.

INDIANA FOOTBALL HALL OF FAME

NOMINATION GUIDELINES & SELECTION PROCESS

GUIDELINES

The Indiana Football Coaches Association (IFCA) will be the induction agency for the Indiana Football Hall of Fame (HOF). All candidates for induction shall be subject to the following processes, procedures, and qualifications.

1) LIMITATIONS/QUALIFICATIONS

- 1.1) All candidates must have contributed in a significant manner to the game of football in Indiana.**
- 1.2) Candidates may qualify by virtue of their contributions at Youth, Junior High/Middle School, High School, College or Professional level.**
- 1.3) Deceased candidates are eligible.**

2) CATEGORIES OF INDUCTEES

2.1) COACHES (Head/Assistant/Middle/Junior High/Youth)

- 2.1.1) Retired coaches must have served a minimum of 20 years, with a minimum of 10 years in Indiana.**
- 2.1.2) Active coaches must have served a minimum of 30 years, with a minimum of 15 years in Indiana.**

2.2) PLAYERS

- 2.2.1) Players must have completed their playing careers.**
- 2.2.2) Players must wait to be nominated after their retirement as an active player under the following schedule:**

Pro – 5 years

College – 15 years

High School – 25 years

2.3) CONTRIBUTORS

2.3.1) Athletic Directors/Administrators

2.3.2) Officials

2.3.3) Team Physicians

2.3.5) Media

2.3.6) Others (Announcers, Chain Gang, Timers, Bus Drivers, etc.)

2.4) PIONEERS are individuals who were instrumental in the development of football in the state of Indiana (these nominees do not count toward the 6 nominees per region).

2.5) LEGENDS are individuals who have significantly contributed to Indiana Football. These individuals may or may not have roots in Indiana.

NOMINATION/SELECTION PROCESS

3) PROCESS

3.1) The application form, along with a resume, must be submitted by a representative of the nominating region of the IFCA (Region Chairman). Please include in the resume any information regarding recognitions, honors, or prominent and lasting contributions in the advancement of football in Indiana. Please include any additional information to be considered by the Hall of Fame Committee and the Past Presidents of the IFCA.

3.2) Nominations can be submitted any time. Inductions will be scheduled using the even/odd rule (Regions 2,4,6,8,10 induct in even # years/ Regions 1/3/5/7/9 induct in odd # years).

3.3) The sponsor (person making the nomination) shall insure the financial support of the induction.

3.4) The application form must be filled out completely, and supplemental information, resume, pictures, etc. about the candidate must also be included.

3.5) Applications and other pertinent nomination materials must be mailed or emailed by February 1st, to scottbovenkerk@gmail.com or bobbridge@hotmail.com. Nominations may be submitted online at

lfca-hof.com.

Scott Bovenkerk
1415 Hampshire Drive
South Bend, IN 466614

Bob Bridge
2367 W Bridge Street
P.O. Box 318
Mexico, IN 46958

- 3.6) The IFCA Hall of Fame Committee will screen all candidates to verify their qualifications.
- 3.7) The Past Presidents of the IFCA, at a determined time, will then approve by a 70 per cent affirmative vote, or reject the candidates forwarded to them by the Hall of Fame committee.
- 3.8) The IFCA Executive Director will send a letter to each candidate notifying of approval.
- 3.9) Upon approval, each nominee must send a complete resume and an 8 X 10 photo to his
Region Chairman.

4) SPECIAL CIRCUMSTANCES

Special circumstances may be considered by the Past Presidents Committee of the IFCA.

5) WITHDRAWAL/REMOVAL FROM HOF

The IFCA Past Presidents' Committee, in conjunction with the approval vote by the Indiana Football Hall of Fame Committee, may withdraw the selection into Indiana Football Hall of Fame, by a vote of 70% of those voting (of both bodies), if the conduct of an honoree violates the law or standards of conduct of a member of the Hall of Fame. This action can be retroactive.

Before withdrawing the selection to be a member of the Indiana Football Hall of Fame, the IFCA Past Presidents' Committee must give written notice to the honoree and must also give the honoree an opportunity to reply within thirty (30) days. The notice may be electronic, and the reply may be to a delegate or delegates of the Committee, who shall then report said notice to the entire Committee.

INDIANA FOOTBALL HALL OF FAME

APPLICATION FORM

NOMINEE _____ **LIVING () DECEASED ()**

(AS DESIRED ON THE PLAQUE)

IF DECEASED, DATE OF DEATH: _____

CATEGORY

COACH _____ **PLAYER** _____ **CONTRIBUTOR** _____ **PIONEER** _____ **LEGEND**

Name of Wife: _____

Names of Children: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Phone # _____ **Cell** _____

Email: _____

Date of Birth: _____

Place of Birth: _____

Present Occupation/ Location: _____

HS Attended/ Year of Graduation: _____

College Attended/ Year of Graduation: _____

Please include the resume, any information regarding recognitions, honors, or prominent and lasting contributions in the advancement of football in Indiana. Please include any additional information that you would like to have considered by the Hall of Fame Committee and the Past Presidents' Committee of the IFCA.

SUBMITTED BY: _____

Email address: _____

Phone # _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Please write a brief description of why you believe this candidate deserves to be in the hall of fame.

NCAA Compliance and Recruiting Regulations

NCAA Sliding Scale for Compliance (Effective August 1st, 2016)

Core GPA	SAT (Math and Verbal Only)	ACT Sum
3.550 & Up	400	37
3.525	410	38
3.5	420	39
3.475	430	40
3.45	440	41
3.425	450	41
3.4	460	42
3.375	470	42
3.35	480	43
3.325	490	44
3.3	500	44
3.275	510	45
3.25	520	46
3.225	530	46
3.2	540	47
3.175	550	47
3.15	560	48
3.125	570	49
3.1	580	49
3.075	590	50
3.05	600	50
3.025	610	51
3	620	52
2.975	630	52
2.95	640	53
2.925	650	53
2.9	660	54
2.875	670	55
2.85	680	56
2.825	690	56
2.8	700	57
2.775	710	58

Core GPA	SAT (Math and Verbal Only)	ACT Sum
2.75	720	59
2.725	730	60
2.7	740	61
2.675	750	61
2.65	760	62
2.625	770	63
2.6	780	64
2.575	790	65
2.55	800	66
2.525	810	67
2.5	820	68
2.475	830	69
2.45	840	70
2.425	850	70
2.4	860	71
2.375	870	72
2.35	880	73
2.325	890	74
2.3	900	75
2.299	910	76
2.275	910	76
2.25	920	77
2.225	930	78
2.2	940	79
2.175	950	80
2.15	960	81
2.125	970	82
2.1	980	83
2.075	990	84
2.05	1000	85
2.025	1010	86
2	1020	86

NCAA Recruiting Guide

The NCAA Recruiting calendars vary per division. The link below takes to a website that can assist with the understanding of what is permitted and the calendar that all of the levels adhere to in recruiting.

<http://www.ncaa.org/student-athletes/resources/recruiting-calendars?division=d1>

NCAA Eligibility Center

Indiana High School Football players that want to further their playing careers need to go through the NCAA Eligibility Center for initial eligibility. It is recommended that student-athletes start this process in their junior year. This site can provide a list of accepted core classes and the pathways for student-athletes to obtain initial eligibility at the next level.

http://web3.ncaa.org/ECWR2/NCAA_EMS/NCAA.jsp

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