



**Jake Gilbert**  
 Head Coach  
 Westfield HS

Indiana Football  
 Coaches Association

2024 Clinic

March 7-9

[gilbertj@wws.k12.in.us](mailto:gilbertj@wws.k12.in.us)

## Mental Health & the High School Athlete

**HIGH SCHOOL:** Ben Davis HS **GRAD. YEAR:** 1994

**SPORTS:** Football Basketball Baseball

**COLLEGE:** Wabash **DEGREE:** History  
**GRAD YR:** 1998

**COLLEGE:** Purdue **DEGREE:** Educational Leadership  
**GRAD YR:** 2001

**SPORTS:** Football

Years	School	Position
1998-1999	Ben Davis HS	Asst. Coach
2000-2005	North Montgomery HS	Head Coach
2006-2010	Wabash College	Asst. Coach
2011-Present	Westfield HS	Head Coach

**HONORS:** Ben Davis State Champion - 1999  
 Ben Davis Sectional Champion:  
 2013, 2014, 2015, 2016, 2020, 2021, 2022, 2023  
 Westfield Regional Champions:  
 2013, 2016, 2020, 2021, 2023  
 Westfield Semi-State Champions: 2013, 2016, 2020, 2021  
 Westfield State Champions: 2016  
 IFCA Coach of the Year  
 AFCA Power of Influence Award

### Family

Spouse: Christina

Children: Logan

Jackson

Tyson